25 atividades

para trabalhar a

grafomotricidade

na educação infantil

INTRODUÇÃO

A importância da grafomotricidade na educação infantil é um processo crucial para promover o desenvolvimento da habilidade da escrita nas crianças e sua consequente alfabetização.

Quando se fala em grafomotricidade, a referência é direcionada a um conjunto de funções neurológicas e musculares que possibilitam movimentos motores no momento da escrita.

Voltando à afirmação de que isso vai além do movimentar, deve-se ter em mente o fato da construção que está por trás de tudo isso. Em outras palavras, a partir da aquisição de tal habilidade, o corpo ganha importância no contexto da aprendizagem.

Isso significa que o pequeno passa por esse processo de descobertas por meio de movimentos que são realizados para suprir suas necessidades de comunicação (no caso, a escrita). A criança busca encontrar diferentes caminhos para os questionamentos e as respostas sobre si e acerca dos diversos estímulos ambientais que ela recebe (Demeda, 2013).

Os exercícios a serem dados em sala de aula são aqueles responsáveis por proporcionar aos pequenos não somente os primeiros domínios dos movimentos de prensa, por exemplo.

É importante que se estabeleça um cronograma voltado para a execução de exercícios de grafomotricidade, valorizando os movimentos incipientes e aqueles que se desenvolverão ao longo da prática em sala de aula.

Nome ____________________

Escola ____________________

Classe ____________________ Data ____________________

ATIVIDADE 1

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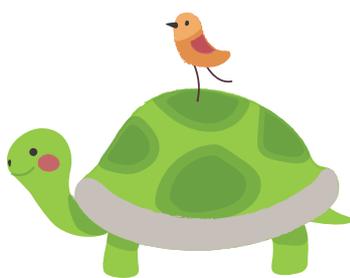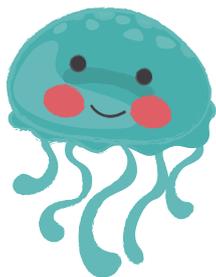
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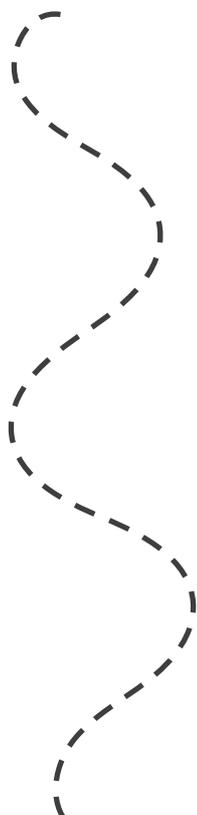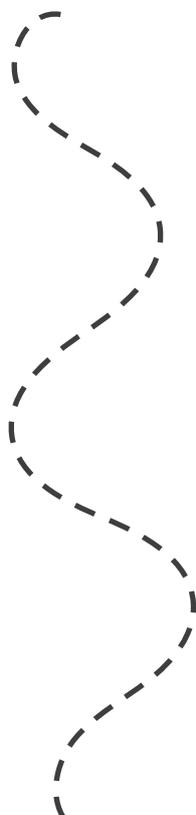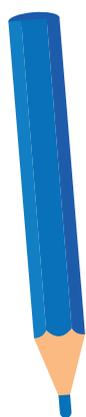
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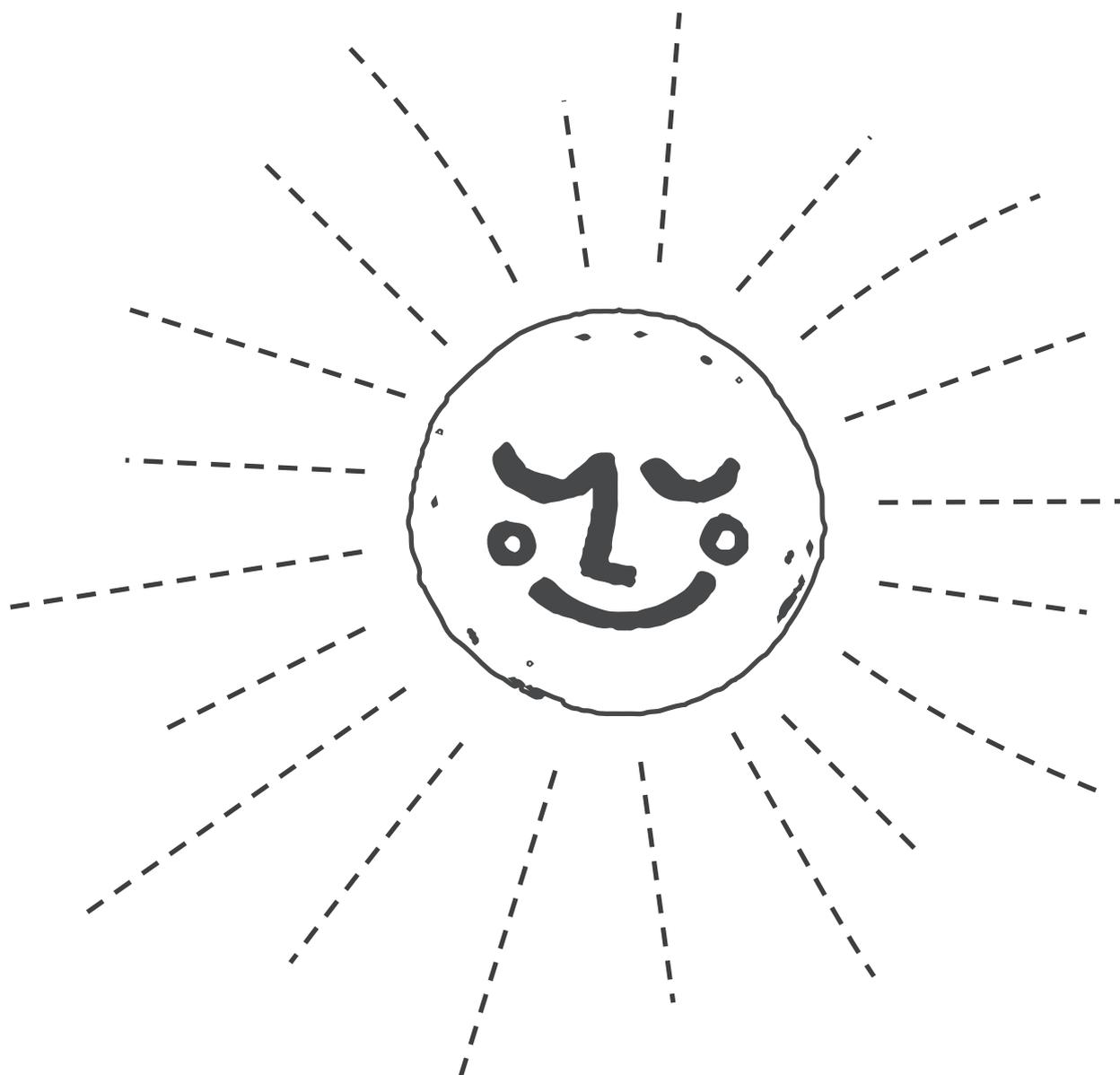
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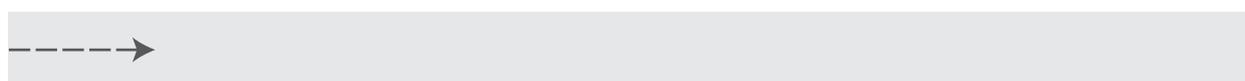
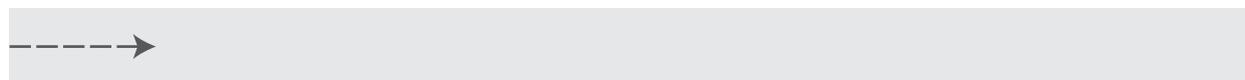
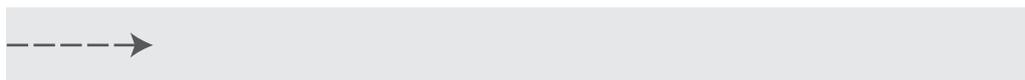
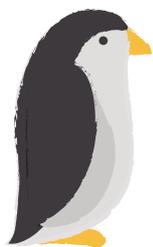
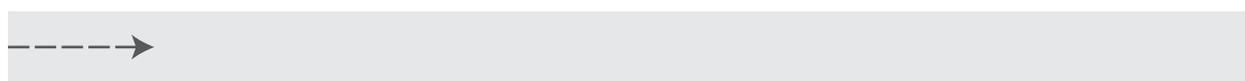
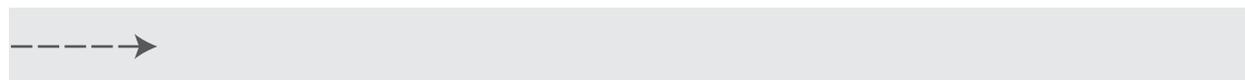
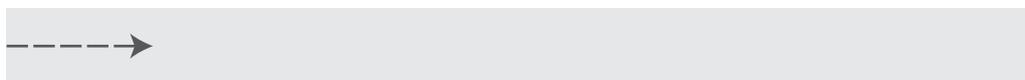
Escola ____

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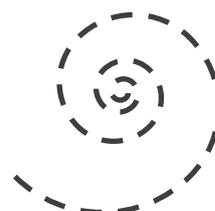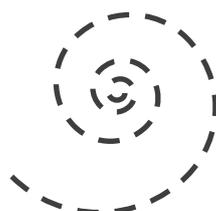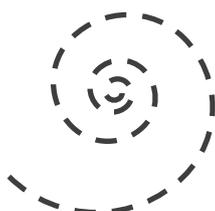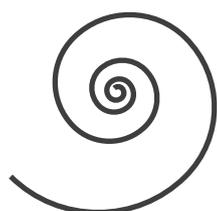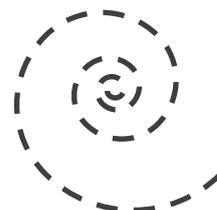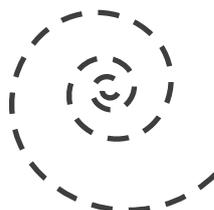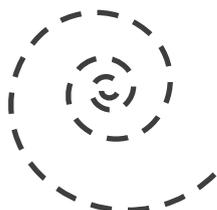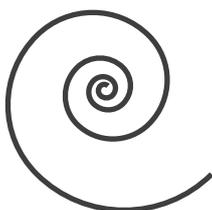
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Escola ____

Classe ____________________ Data ____________________

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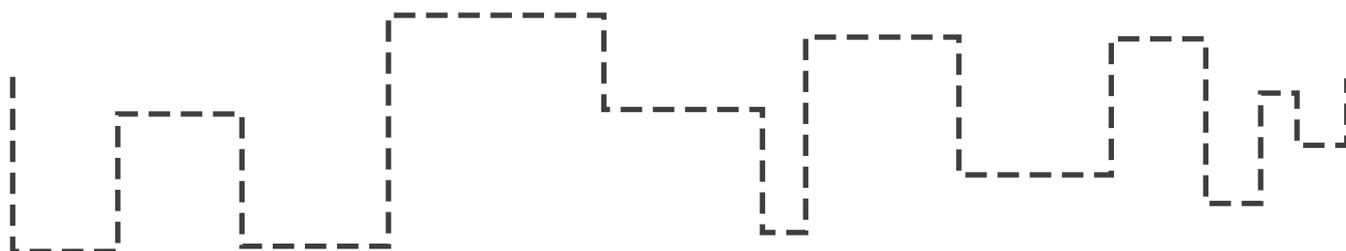
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Escola ____

Classe ____________________ Data ____________________

ATIVIDADE 7

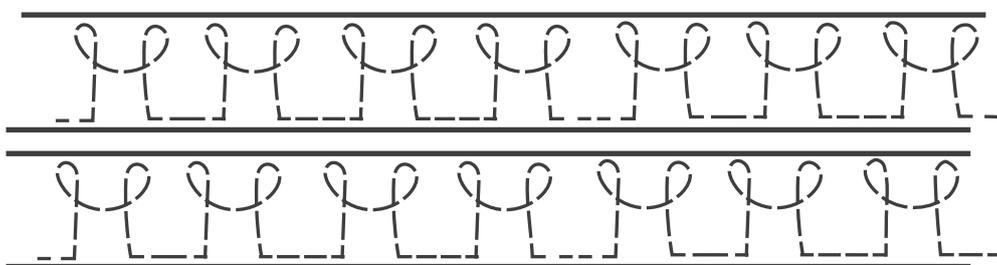
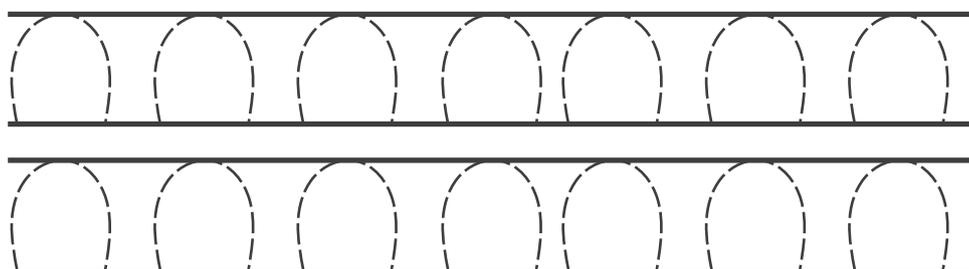
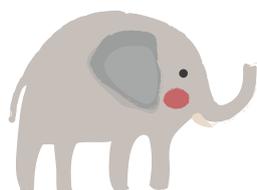
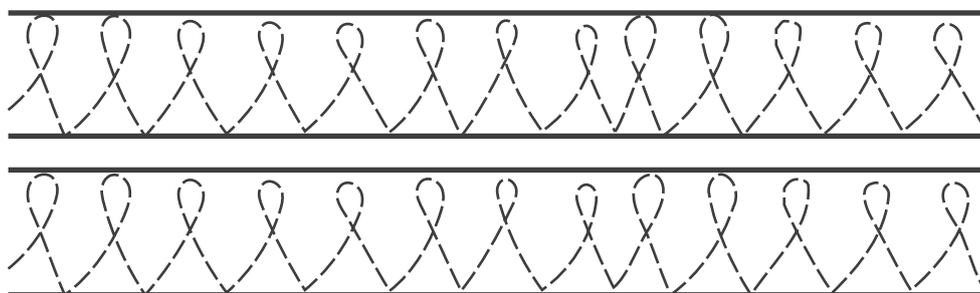
Labirinto

Nome ____________________

Escola ____________________

Classe ____________ Data ____________

ATIVIDADE 8

Caminho da abelha

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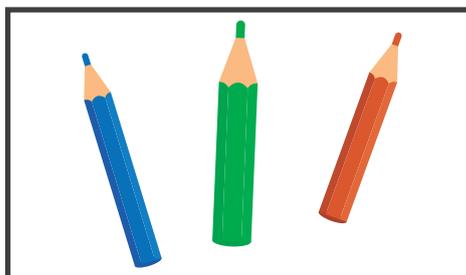
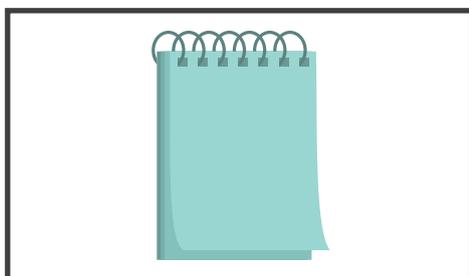
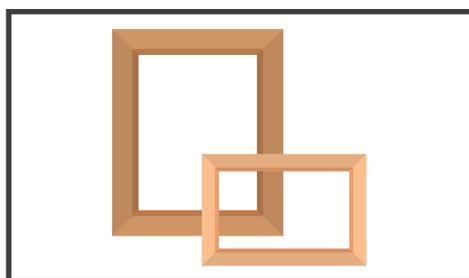
Escola ______________________________

Classe ________________ Data ________________

ATIVIDADE 9

Números e quantidades

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Escola ______________________________

Classe ________________ Data ________________

ATIVIDADE 10

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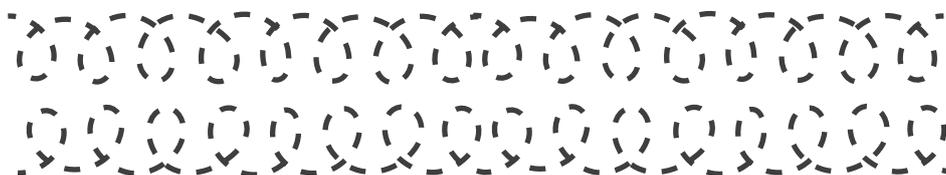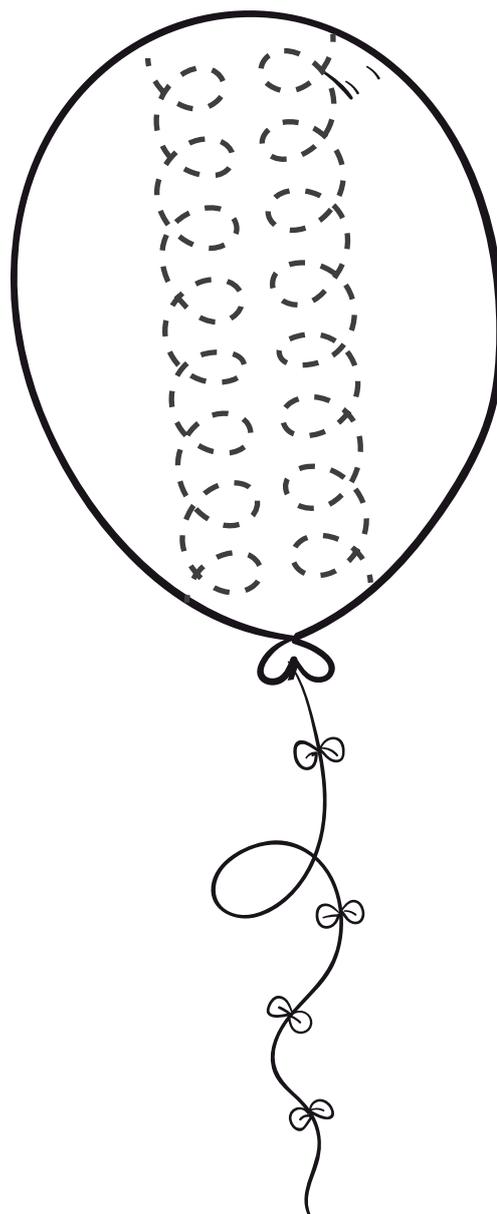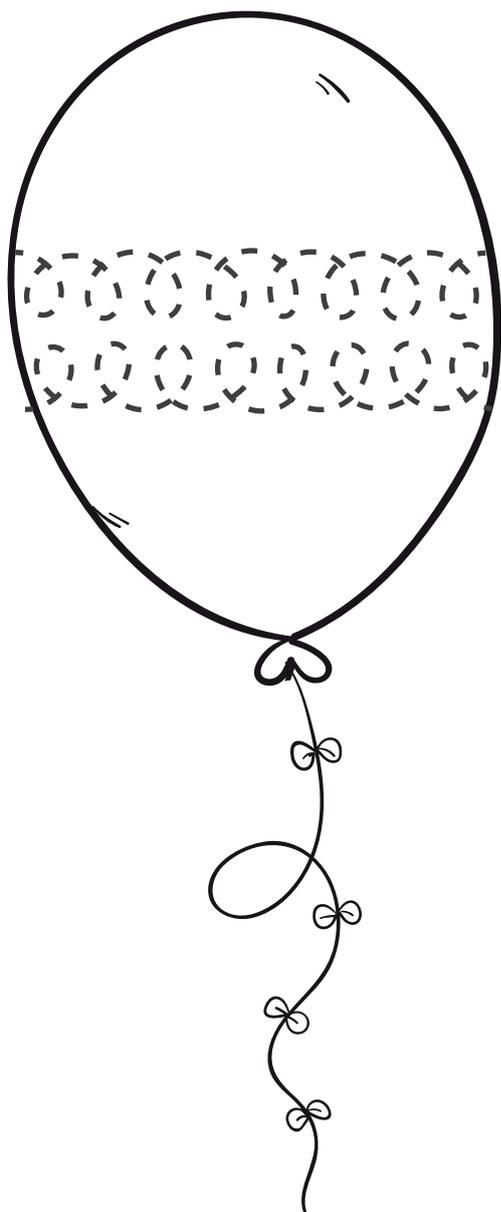
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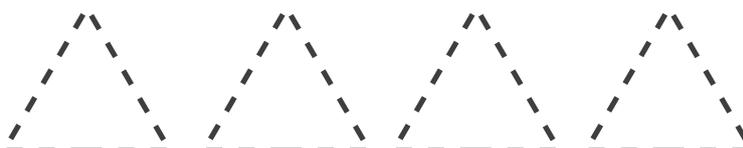
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ATIVIDADE 12

Escrevendo números

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3	3	3	3	3	3
4	4	4	4	4	4
5	5	5	5	5	5
6	6	6	6	6	6
7	7	7	7	7	7
8	8	8	8	8	8
9	9	9	9	9	9
10	10	10	10	10	10

Nome ____

Escola ____

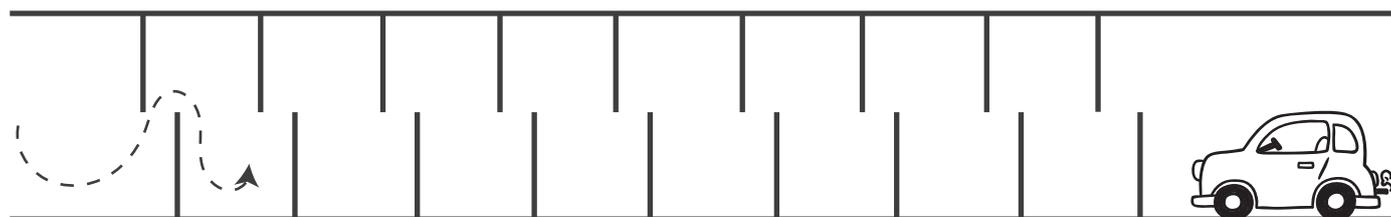
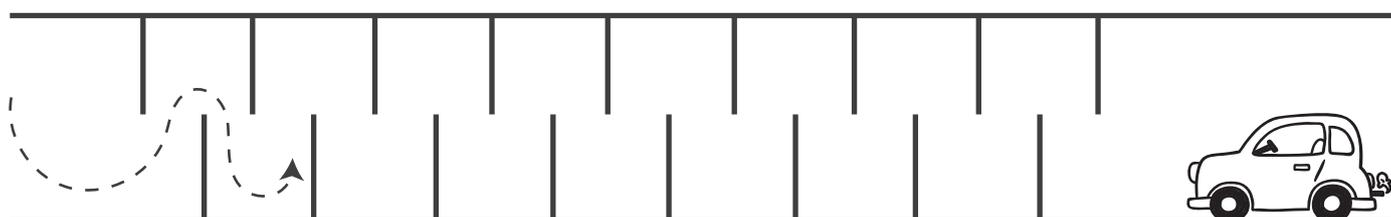
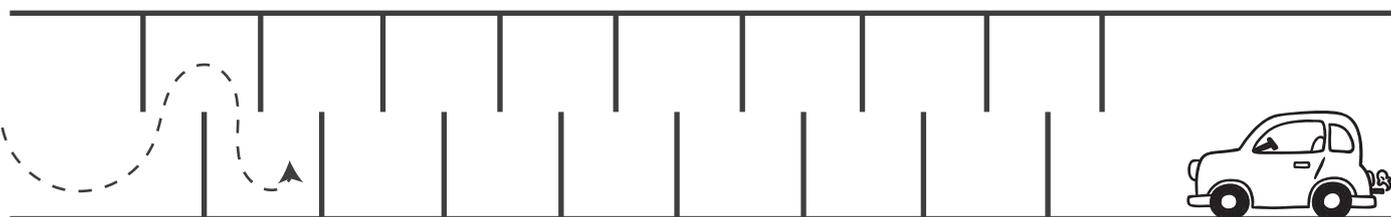
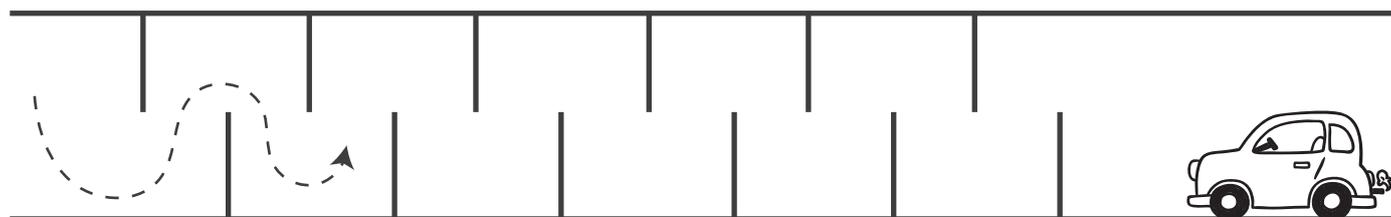
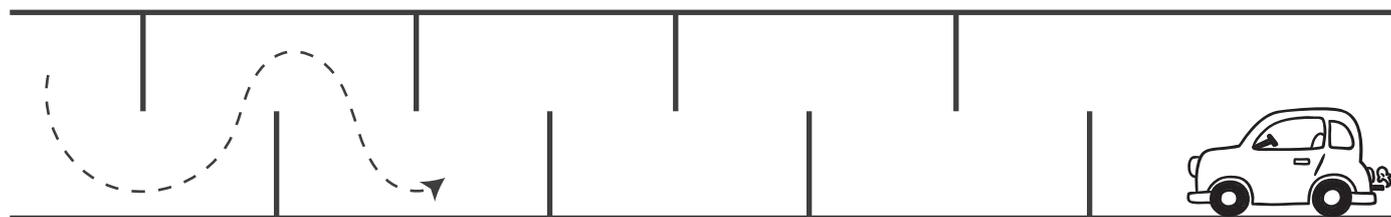
Classe ______________________ Data ________________

ATIVIDADE 13

Letras do Alfabeto

A	B	C	D	E
F	G	H	I	J
K	L	M	N	O
P	Q	R	S	T
U	V	W	X	Y

Nome ____

Escola ____

Classe _____________________ Data _________________

ATIVIDADE 15

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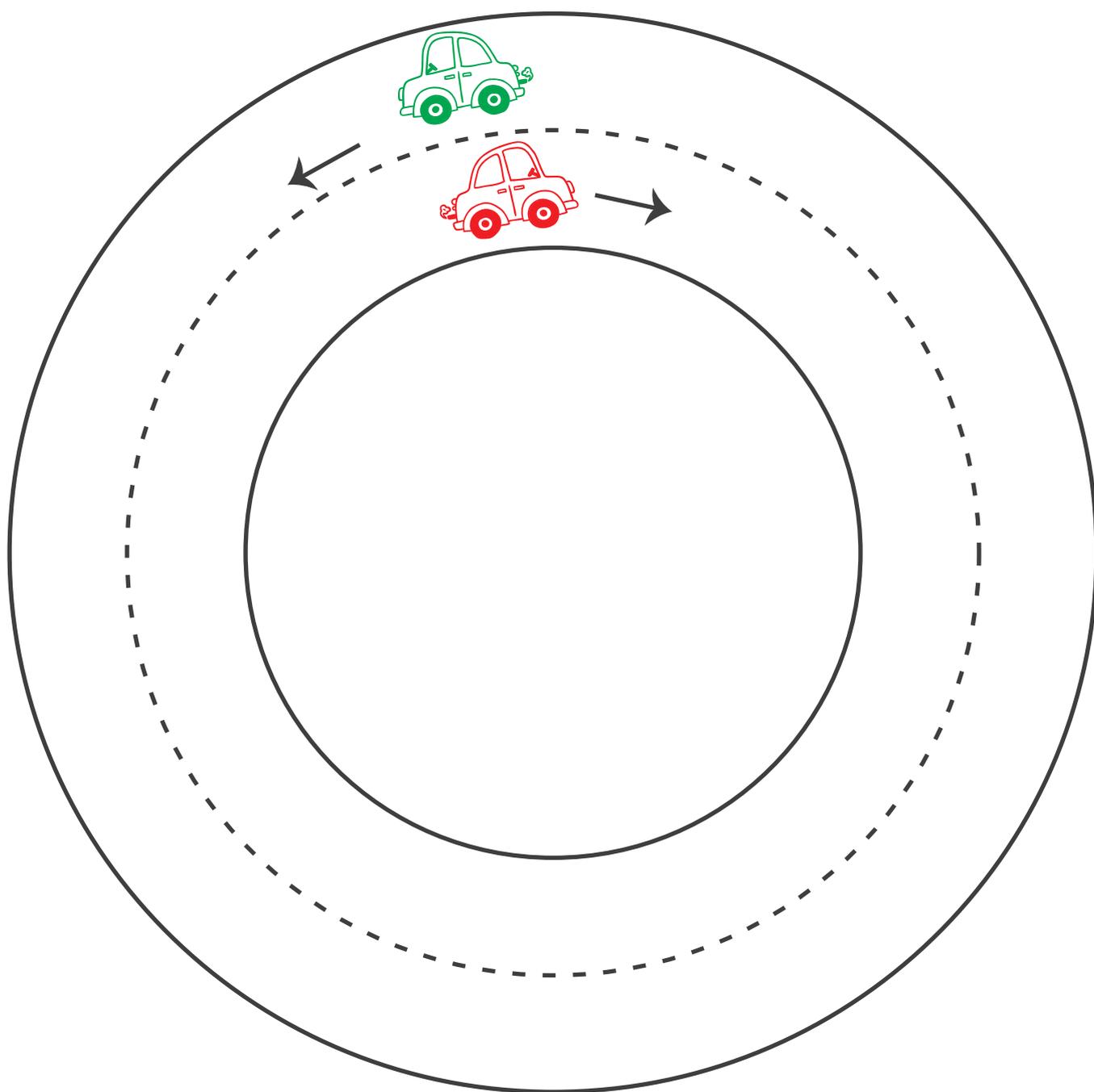
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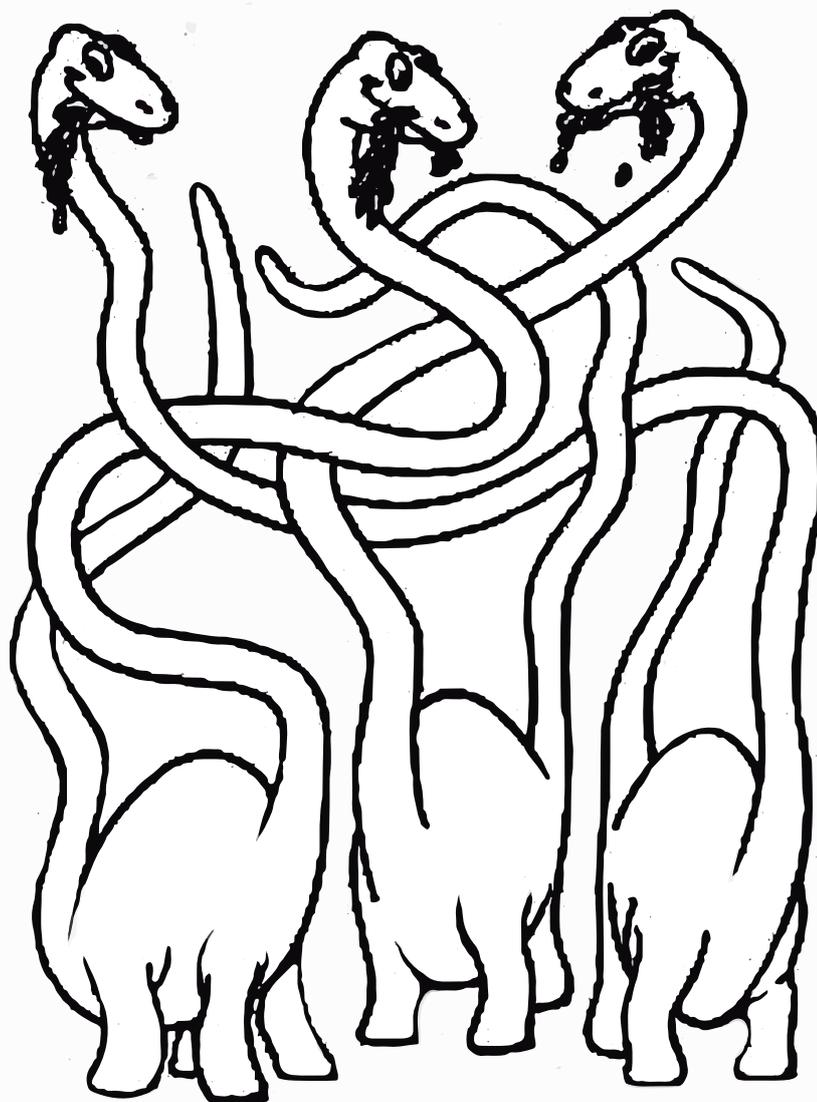
Escola ____

Classe ______________________ Data ______________________

ATIVIDADE 16

Pescoço da girafa

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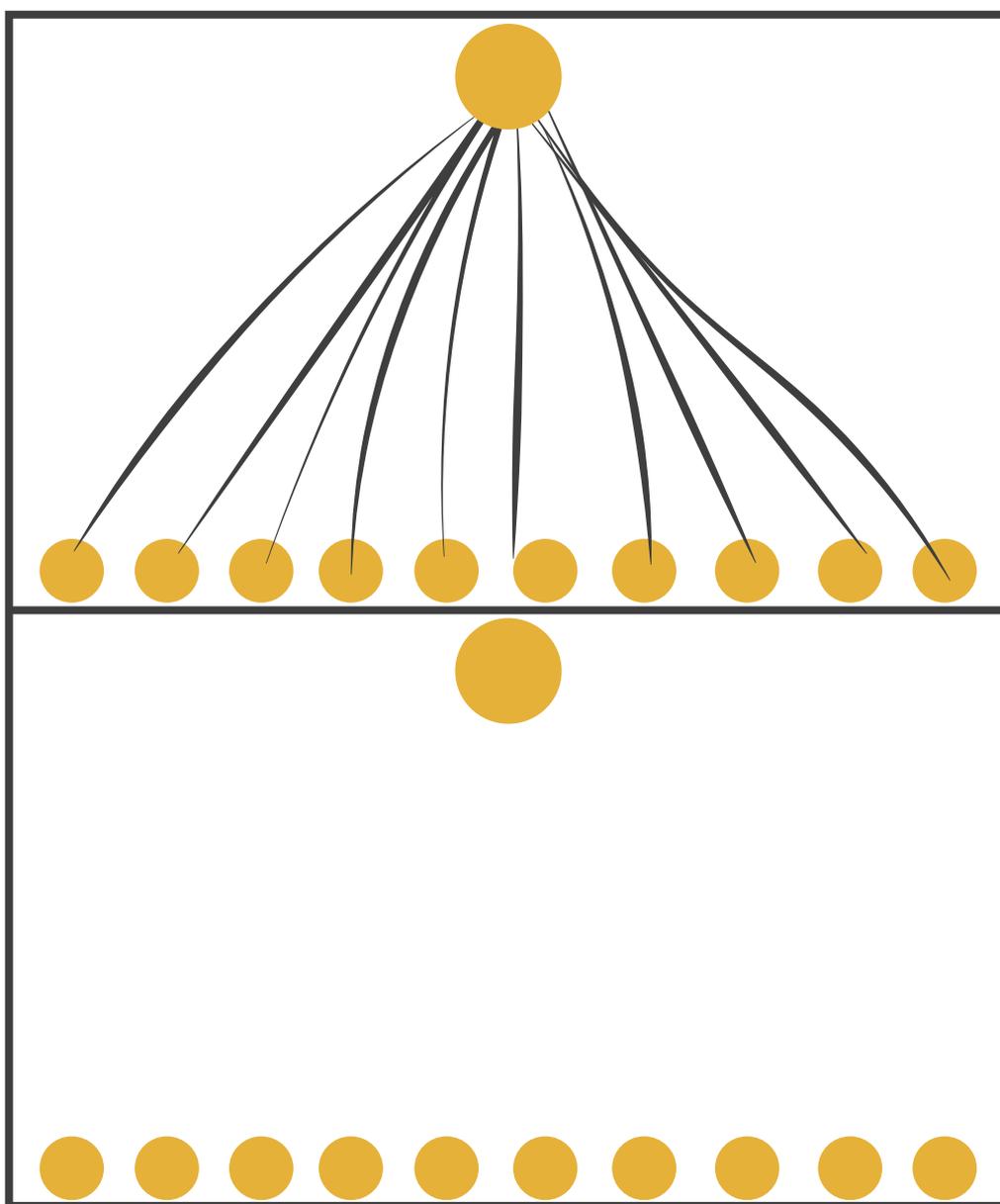
Escola ____

Classe ____________________ Data ____________________

ATIVIDADE 17

Ligando as bolinhas

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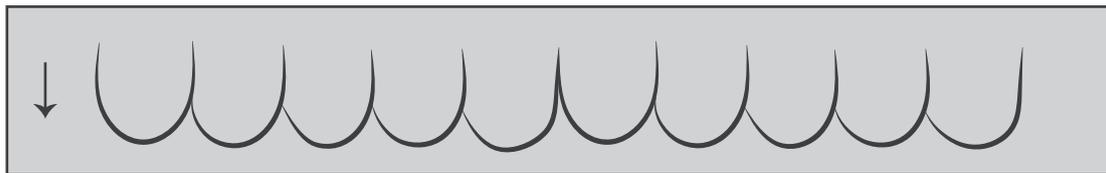
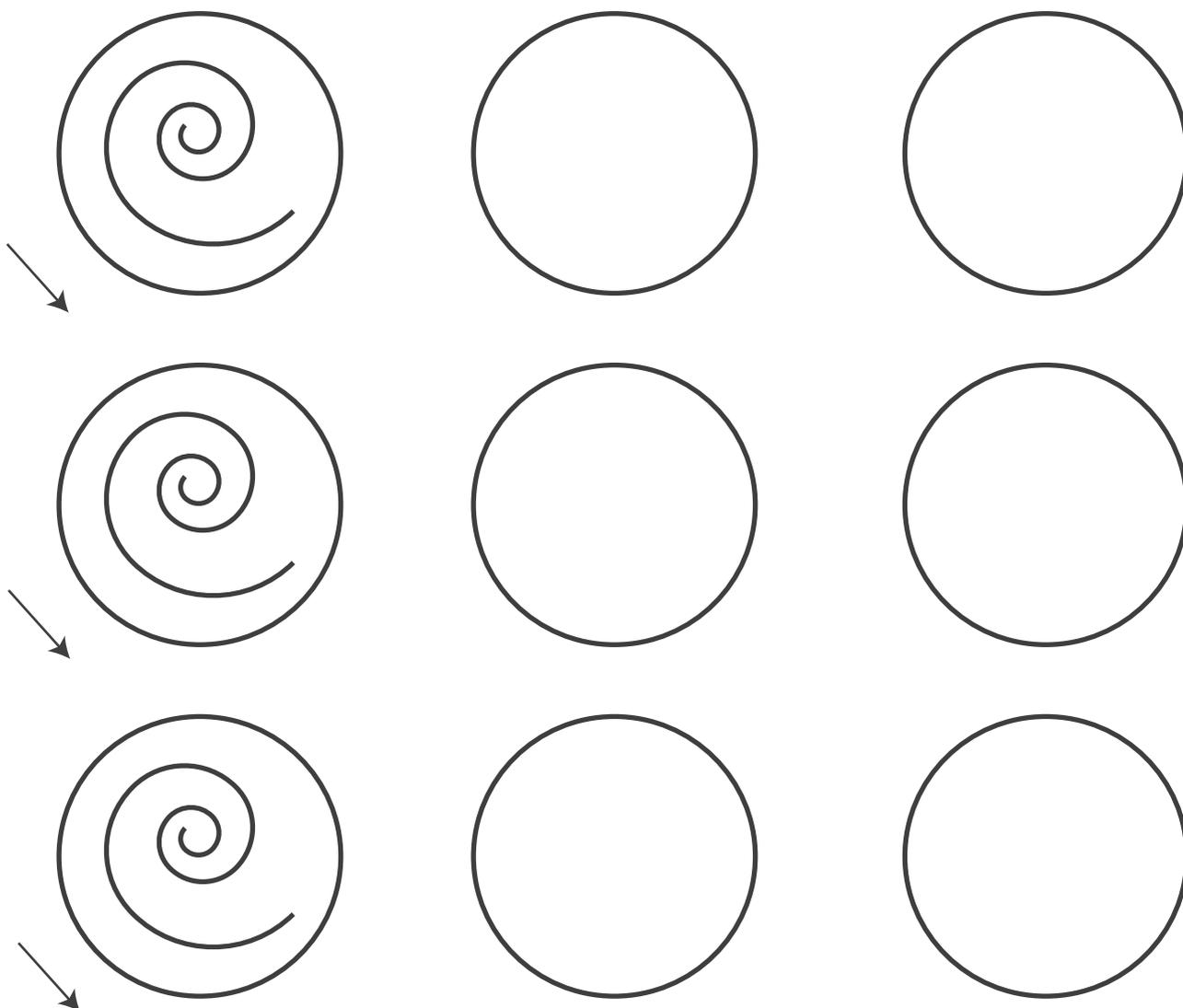

Classe ____________ Data ____________

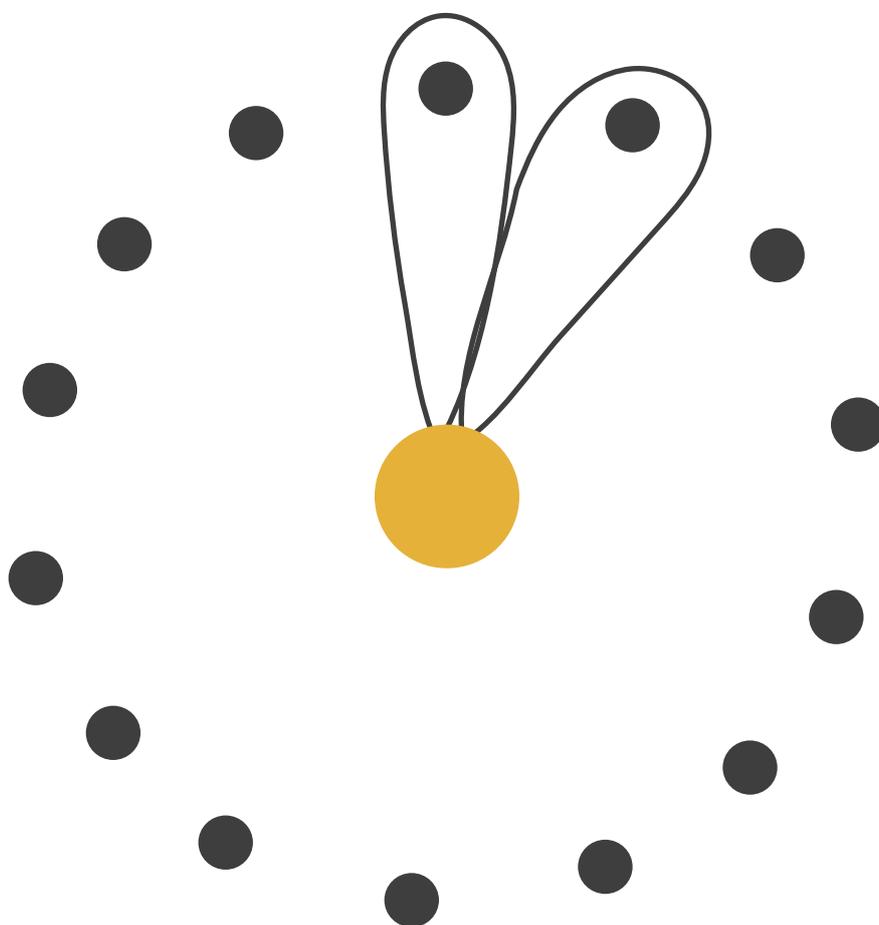
ATIVIDADE 19

Fazendo círculos

Nome ____

Escola ____

Classe ______________________ Data ______________________

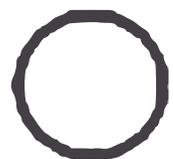
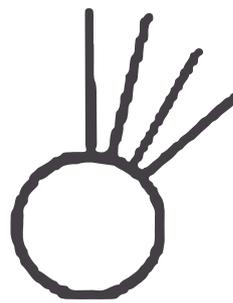
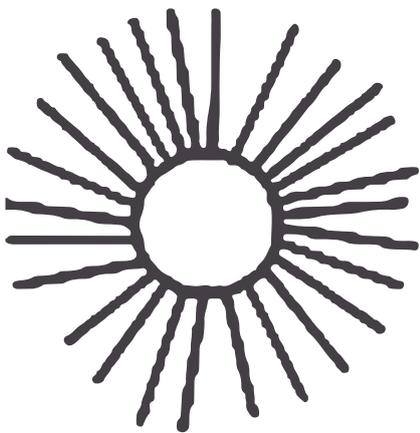
ATIVIDADE 20

Fazendo uma flor

Nome ____

Escola ____

Classe ______________________ Data ______________________

ATIVIDADE 21

Criando solzinhos

Nome ____

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Classe ____________________ Data ____________________

ATIVIDADE 22

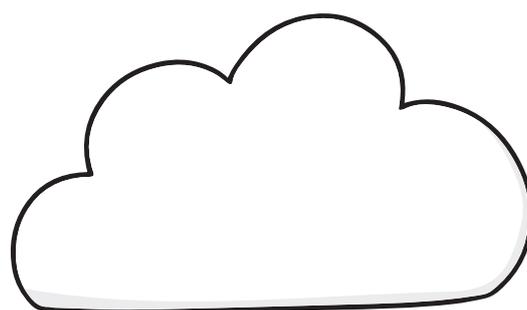
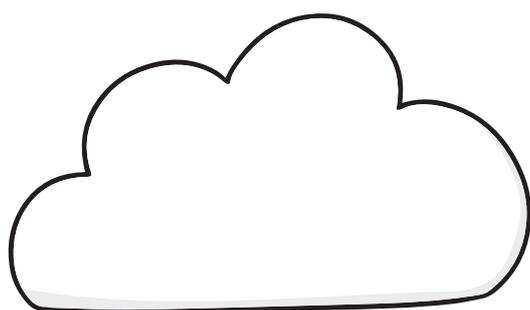
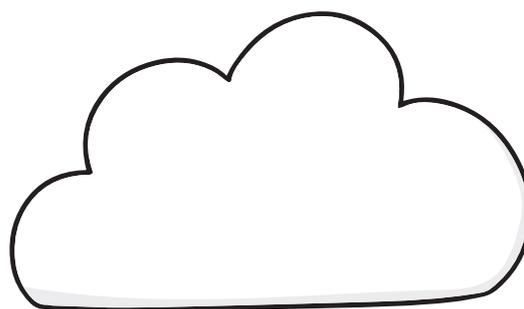
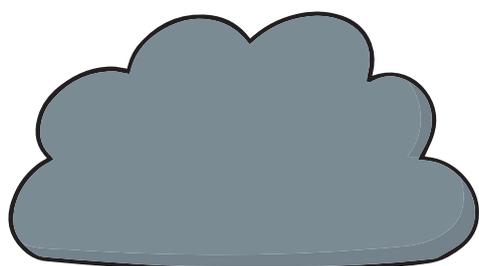
Seguindo caminhos

Nome ____________________

Escola ____________________

Classe ____________________ Data ____________________

ATIVIDADE 23

Fazendo a chuva

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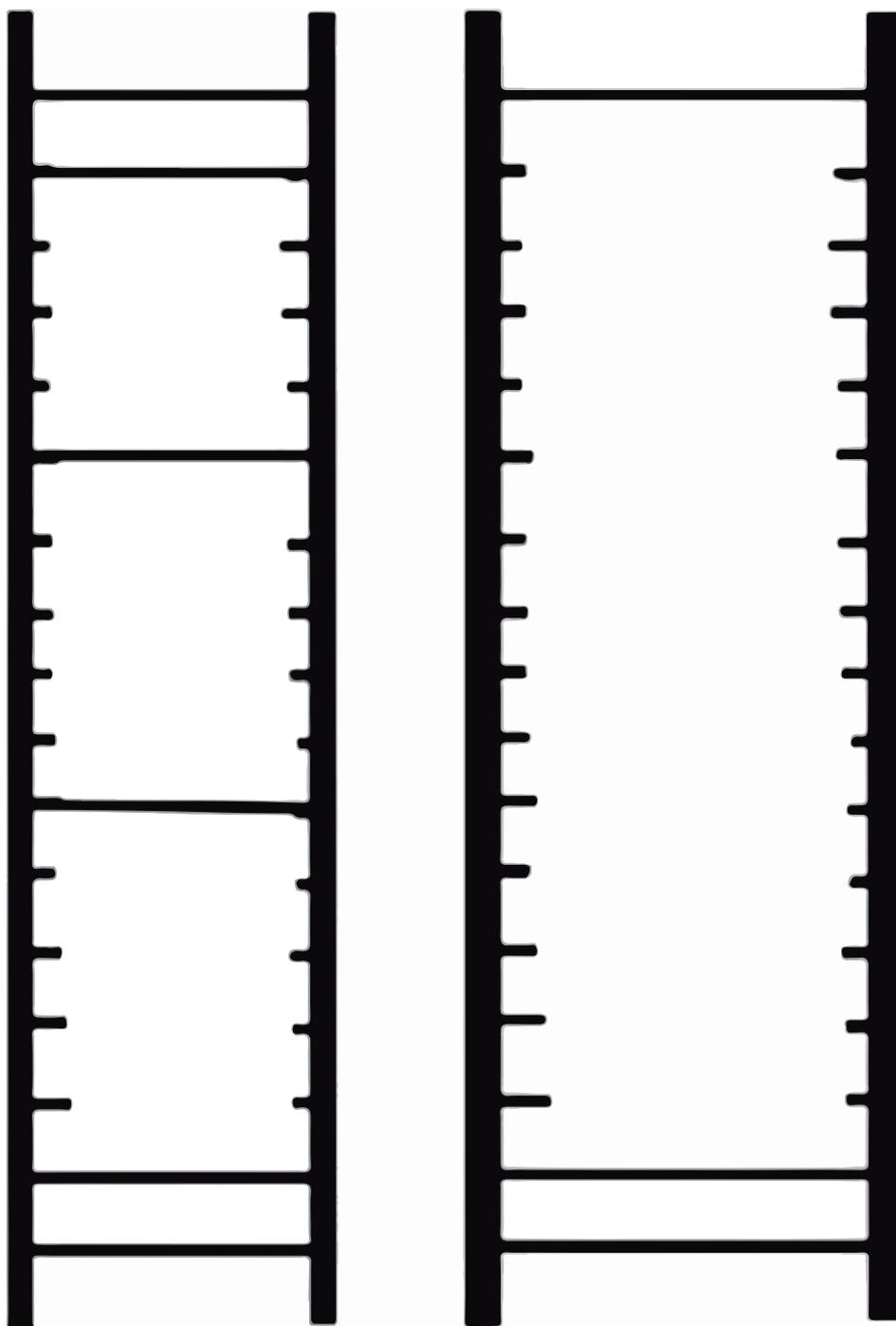
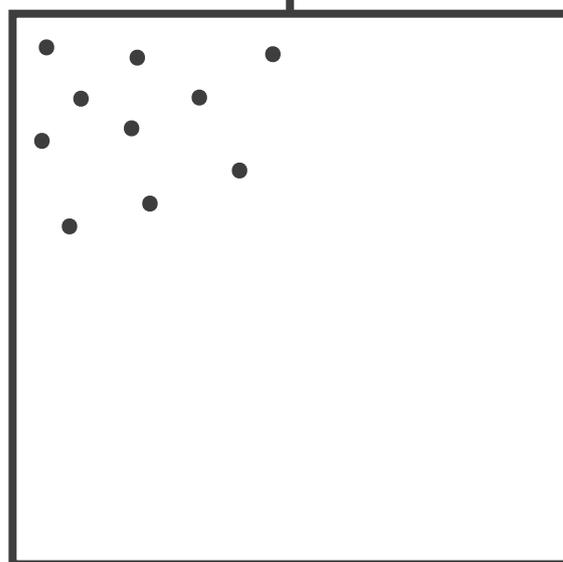
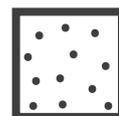
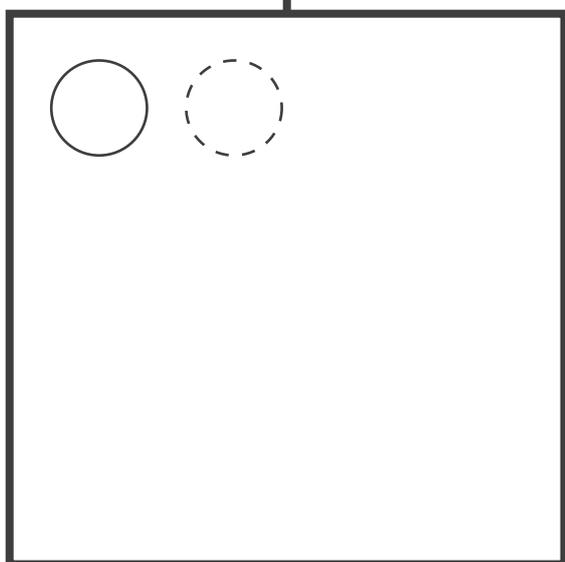
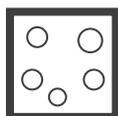
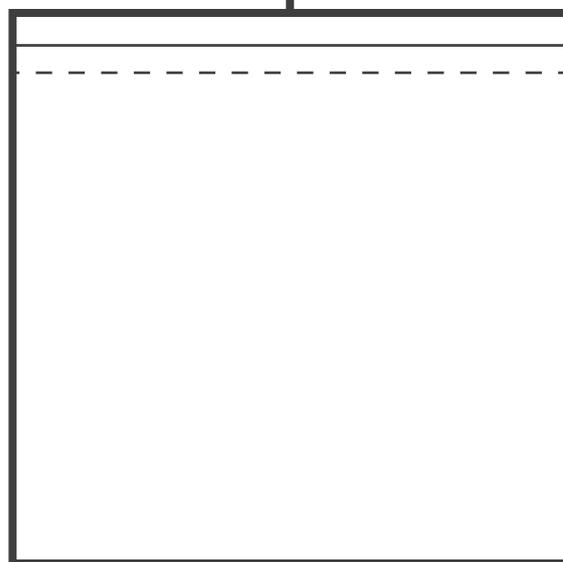
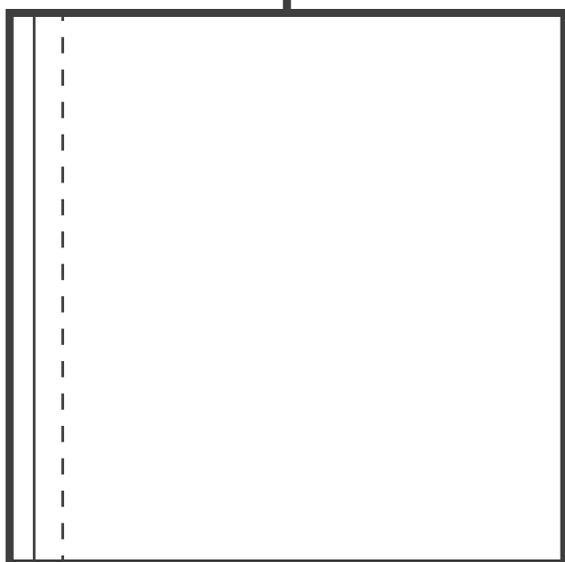
Escola ____

Classe ____________________ Data ________________

ATIVIDADE 24

Criando uma escada

Gostou das atividades?

Vai te ajudar muito a melhorar o ***desempenho do seu aluno na fase de pré-escrita****. E para se aprofundar ainda mais no tema, temos um* ***curso especial sobre psicomotricidade*** *para você se especializar.*

Clique para saber mais

Acesse nossas redes sociais